

## **Course Syllabus for Psychology 120: Introduction to Psychology @ Cuyamaca College Spring 2011**

**Section: 5763**

**Room:** F507

**Time:** 11:00 to 12:15

**Days:** Monday & Wednesday

**Dates:** See back page

**Text:** Introduction to Psychology: 9<sup>th</sup> Edition. By Rod Plotnik

**Recommended:** Power Study CD by Doyle

**Instructor:** Steve Weinert

**Office:** F510

**E-mail:** steve.weinert@gcccd.edu

**Phone:** 619-660-4552

**Text Messages:** 619-537-6303

**Office Hours:** Please see Website <http://www.cuyamaca.net/steve.weinert>

**Course Description:** 3 hours lecture. Introduction to the facts and theories which seek to explain and understand human thought and behavior including such topics as personality, psychotherapy, learning, memory, interpersonal relationships, adjustment and biological influences. **Prerequisite:** None

### **Grades and Learning Outcomes:**

To receive credit for this class you must be able to:

- Compare and contrast the philosophy of different schools of psychology and their interpretation of behavior.
- Apply scientific methods to the exploration of human behavior.
- Describe basic the functions of the central nervous systems and their relationship to behavior.
- Explain and contrast various psychological phenomena related to sensation and perception
- Classify states of consciousness, including sleep, hypnosis and drug effects.
- Produce examples and strategies that improve the function of memory.
- Label and describe operant conditioning, observational learning, and classical conditioning leading to behavioral change.
- Discuss limitations and contrast the different theories of intelligence.
- Compare and contrast theories of emotions and an individuals behavior and reaction to stress
- Explore and define characteristics of the developmental stages from birth to adult behaviors.
- Discuss and elaborate on the theories of the development and the consistency of personality.
- Classify different mental disorders and identify possible treatments in reference to the DSM.
- Produce explanations and predictions of social behavior using various psychological theories.

**Course Schedule: Materials will be delivered through the Blackboard course management system at <http://bb.gcccd.edu>. You will be required to log in and check your email once a week for course updates.**

### **Grading in the course.**

By the end of the semester there will be 450 points total. You earn points through exams, essays and experimental participation.

90% and above you receive an A      \* 87% to 89% you may receive a B+

80% to 89% you receive a B      \* 77% to 79% you may receive a C+

70% to 79% you receive a C

60% to 69% you receive a D

Below 60% you fail the class.

\* For those students who are active participants in class, with high attendance have the ability to receive a + added to their grade.

- There are 4 quizzes during the semester worth 50 points each, and two exams worth 100 points each.
- There will be 2 essays due during the semester. One due on the Midterm Exam, and one due on the Final Exam.
- **You can drop your lowest quiz score.**
- **There will be 20 points available in classroom participation, or experimental research. You must be in class to get the points.**

**Attendance:** For successful completion of the course you must attend class. Attendance and participation in activities is required. 5 minutes after the start of class, I will pass around an attendance sheet. If you are going to miss class for some reason make sure you e-mail the instructor. Make sure that any missed assignments can be completed. If you miss more than 4 class periods without contacting the instructor you can be dropped from the course.

**Behavior Guidelines and Conduct:** I like an interactive classroom, and encourage student interaction. Please be respectful to all of the people in the class around you. Everybody has opinions and they define individuals. If an opinion does not agree with your personal belief, through education we can understand each other. *Through conflict there is no resolution, just a victor.* Cell phones are an important part of our lives, but please put them on vibrate, or blinking light mode during class. If you have to answer your phone in class, then answer it outside and return the next class period. If you are using your phone during class I will stop the class. Texting is distracting to me and other people around you. I have had many students turn in work that is not their own. If you copy, or use other people's work on your assignments, then you will get a 0 for the assignment.

**Students with Special needs:** Students with disabilities who may need academic accommodations should notify the instructor immediately (and no later than the second week of class).

### ***Spring 2011 CALENDAR***

Continuous until last day to add	Application Period
Continuous Through January 21	Program Advisement
November 15 - January 21	Registration
January 13	<a href="#">Drop for Non-Payment of Registration Fees</a>
January 17	Holiday (Martin Luther King Day)
January 18 - 21	Professional Development - Organizational Meetings
January 21	Application Deadline
<b>January 24</b>	<b>Regular Day &amp; Evening Classes Begin</b>
January 24 - February 4	Program Adjustment Period
February 4	Last Day to Add Semester-Length Classes
February 4	Last Day to Drop Semester-Length Classes Without a "W"
February 4	Last Day to Receive a Refund for Semester-Length Classes
February 7	Census Day
February 18 - 21**	Holiday (President's Day Weekend - Friday, Lincoln Day & Monday, Washington Day)
February 25	Last Day to Apply for P/NP (CR/NC) - Semester Length Classes
March 18	Last Day to Apply for Spring 2011 Degree/Certificate
March 18	End of First 8-Week Session
<b>March 21</b>	<b>Second 8-Week Session Begins</b>
April 15	Last Day to Drop Semester-Length Classes
April 18	Classified Staff Appreciation Day
April 18 - April 22	Spring Recess
April 22	District Employee Holiday (Good Friday)
May 20	End of Second 8-Week Session
<b>May 23, 24, 25, 26, 27, 28 &amp; 31</b>	<b>Final Examination Days</b>

## Specific Dates and Topics

**If these change during the semester I will update the web version.**

Date	Topic	Book
Monday, January 24, 2011	Intro to the class	
Wednesday, January 26, 2011	Psychology is	Module 1
Monday, January 31, 2011	The Mind –	Module 4
Wednesday, February 02, 2011		
Monday, February 07, 2011	Consciousness	Module 7
Wednesday, February 09, 2011		
Monday, February 14, 2011	Quiz 1	
Wednesday, February 16, 2011	Science	Module 2
<b>Monday, February 21, 2011</b>		
Wednesday, February 23, 2011	Behaviorism	Module 9
Monday, February 28, 2011	Behaviorism	Module 10
Wednesday, March 02, 2011		
Monday, March 07, 2011	Memory	Module 11
Wednesday, March 09, 2011		
Monday, March 14, 2011	Quiz 2	
Wednesday, March 16, 2011	Emotions	Module 16
Monday, March 21, 2011	Motivation	Module 15
Wednesday, March 23, 2011		
Monday, March 28, 2011	Essay 1 Due	Midterm Exam
Wednesday, March 30, 2011	IQ	Module 13
Monday, April 04, 2011		
Wednesday, April 06, 2011	Personality	Module 19
Monday, April 11, 2011	Personality	Module 20
Wednesday, April 13, 2011	Quiz 3	
<b>Monday, April 18, 2011</b>		
<b>Wednesday, April 20, 2011</b>		
Monday, April 25, 2011	Quiz 3	
Wednesday, April 27, 2011	Social Psychology	Module 25
Monday, May 02, 2011		
Wednesday, May 04, 2011	Stress	Module 21
Monday, May 09, 2011	Disorders	Module 22
Wednesday, May 11, 2011	Disorders	Module 23
Monday, May 16, 2011	Quiz 4	
Wednesday, May 18, 2011	Final Essay Due	
Wednesday, May 25, 2011	Final Exam	